



# Carleton House

## Preparatory School

### Weekly Menu 29th January 2024

Available Daily: Chefs' Soup of the day, selection of sandwiches, jacket potatoes with a choice of fillings

Monday	Main	Veg Option	Sides	Dessert
	Fresh Tomato & Basil Pasta	Feta, Tomato mix Salad	Garlic bread	Fresh fruit bowl Lemon Cookie Rocky Road

Tuesday	Main	Veg Option	Sides	Dessert
	Sweet and Sour Chicken or Salt and Pepper chicken	Sweet and Sour Vegetables	Chips Mixed Leaf Salad	Fresh Fruit bowl Exotic Fruit Salad Assorted Jelly & Yogurts

Wednesday	Main	Veg Option	Sides	Dessert
	Slow Cooked Maple Glazed Gammon or Roast Chicken	Vegetable Bake	Seasoned Vegetables Yorkshire Puddings Rich Roast Gravy Roast Potatoes	Fresh fruit bowl Banana Muffin Tray Bake Belgian Waffles

Thursday	Main	Veg Option	Sides	Dessert
	Sausage Rolls	Cheese and Onion Rolls	Honey Mustard Dip Potato Wedges Mixed leaf salad	Fresh Fruit bowl Exotic Fruit Salad Assorted Jelly & Yogurts

Friday	Main	Veg Option	Sides	Dessert
	Mini Battered Fish	Tempura Battered Vegetables	Chunky chips Baked Beans Curry Sauce	Fresh fruit bowl Choc Chip Cookie