



Carleton House

Preparatory School

Weekly Menu 22nd January 2024

Available Daily: Chefs' Soup of the day, selection of sandwiches, jacket potatoes with a choice of fillings

Monday	Main	Veg Option	Sides	Dessert
	Quorn Vegetable Lasagne	Tomato, mix leaf salad	Garlic bread	Fresh fruit bowl Home-made chocolate brownie Banana Mousse

Tuesday	Main	Veg Option	Sides	Dessert
	Lightly Spiced Chicken Korma	Lightly Spiced Vegetable Korma	Steamed Rice Onion Bhaji Mixed Leaf Salad	Fresh Fruit bowl Exotic Fruit Salad Assorted Jelly & Yogurts

Wednesday	Main	Veg Option	Sides	Dessert
	Slow cooked topside of beef	Homemade butternut squash wellington	Seasoned Vegetables Rich Roast beef Gravy Roasted Potatoes	Fresh fruit bowl Rocky Road Belgian Waffles

Thursday	Main	Veg Option	Sides	Dessert
	Chicken, Basil & Tomato Pasta	Tomato, Basil & Mascapone Pasta	Garlic Bread Mixed leaf salad	Fresh Fruit bowl Exotic Fruit Salad Assorted Jelly & Yogurts

Friday	Main	Veg Option	Sides	Dessert
	Pollock and Cod Fishcakes	Homemade battered Veg Bites	Chunky chips Mushy peas Curry Sauce	Fresh fruit bowl Homemade choc chip tray bake