



Carleton House

Preparatory School

Weekly Menu 27th November 2023

Available Daily: Chefs' Soup of the day, selection of sandwiches, jacket potatoes with a choice of fillings

	Main	Veg Option	Sides	Dessert
Monday	Homemade Quorn Lasagne	Cucumber Feta Salad	Garlic bread Tomato, mix leaf salad	Fresh fruit bowl Homemade Vanilla Sponge Strawberry Mousse

	Main	Veg Option	Sides	Dessert
Tuesday	Sausage Rolls	Cheese and Onion Rolls	Baked Beans Potato Wedges Mixed Leaf Salad	Fresh Fruit bowl Exotic Fruit Salad Assorted Jelly & Yogurts

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Wednesday	Honey Roast Gammon or Roast Chicken	Nutless Roast	Seasoned Vegetables Rich Roast Gravy Parmentier Potatoes	Fresh fruit bowl Flapjack Belgian Waffles

	Main	Veg Option	Sides	Dessert
Thursday	Roast Chicken and Tomato Pasta	Ratatouille	Garlic Bread Mixed leaf salad	Fresh Fruit bowl Exotic Fruit Salad Assorted Jelly & Yogurts

	Main	Veg Option	Sides	Dessert
Friday	Homemade Fish Cakes	Homemade Potato Cakes	Chunky chips Peas and Sweetcorn Curry Sauce	Fresh fruit bowl Homemade vanilla Cheesecake pots