



# Carleton House Preparatory School

*They can because they think they can*

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Dear Parents,

We are updating our programme of study for the teaching of Relationships and Sexual Education in line with the new expectations for primary schools. This summer term we will be introducing 'A Journey in Love' by Sister Jude Groden. This will complement and enhance the current RSE programme which has been taught this year.

This is the Liverpool Archdiocesan recommended programme of study for Catholic schools for Relationship and Sex Education, and has been written as a progressive scheme of work that supports the Religious Education, PSHE and Science curricula taught within our school.

As children progress through school, they discover more and more about themselves and the wider world. As a school we aim to foster this thirst for learning new things in all aspects of life and constantly strive to create a safe, stimulating environment for learning; supporting all children in their development.

From September we will also be using 'No Outsiders in Our School: Teaching the Equality Act in Primary Schools' by Andrew Moffat, an Archdiocesan recommended resource to teach the equality act in primary schools through our PSHE lessons.

This programme delivers the objectives outlined in the Equality Act 2010, which promotes equality for all sections of our diverse British community and celebrates difference whether that be through race, gender, ability, sexual orientation, disability or age.

Copies of both the new scheme, 'A Journey in Love' and 'No outsiders in our school' will be available for parents to view on request at the school office. An overview of the content for each year group, alongside example teaching slides will be included in our welcome to the year group presentations at the beginning of the school year. We have also attached an overview of the scheme with key words for each year group.

Thank you for your ongoing support

Mrs Sandy Coleman

Head Teacher



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A Catholic Preparatory School welcoming girls and boys of all denominations aged 3-11 years.

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**A Journey In Love**

A Relationship and Sex Education (RSE) developmental programme

Each topic follows the same teaching sequence and focuses on Physical, Social, Emotional, Intellectual and Spiritual development.

Year Group	Title and objectives	Key Words
Reception	<p>God loves each of us in our uniqueness</p> <ul style="list-style-type: none"> <li>To know that there is no one more special than me.</li> <li>To know that God made me and loves me as I am.</li> </ul>	God, unique, different, special, eyes, hair, boy, girl, hands, fingers, name, family, love, womb, describe
Year 1	<p>We meet God's love in our family</p> <ul style="list-style-type: none"> <li>To know that as we grow we are loved by our family.</li> <li>To know that as we grow we are also loved by God's family.</li> </ul>	God, special, friend different, unique important
Year 2	<p>We meet God's love in our community</p> <ul style="list-style-type: none"> <li>To know that the Church is God's Family.</li> <li>To know that I am part of that family too.</li> </ul>	God, community Belonging, family, father/mother carer/guardian feelings emotions
Year 3	<p>How we live in love</p> <ul style="list-style-type: none"> <li>To understand what makes a good friend.</li> <li>To know that God is our best friend.</li> <li>To know the importance of forgiving and being forgiven</li> </ul>	God, community, belonging, family, father/mother, carer/guardian, feelings, emotions, friends, changing, difference, lonely, alone, forgiving
Year 4	<p>God loves us in our differences</p> <ul style="list-style-type: none"> <li>To know that God has made us different from one another and celebrates this</li> <li>To know that God loves us in our differences and accepts us as we change</li> </ul>	God, gifts, talents, difference, development, change, male and female, body parts, conflict, appreciate, celebrate, achievement
Year 5	<p>God loves me in my changing and development</p> <ul style="list-style-type: none"> <li>To know and become aware of physical and emotional changes that accompany puberty</li> <li>To know that as we grow we will become different in our...bodies, feelings, love for God</li> </ul>	God, sensitivity puberty, presence celebrate , external, internal, change, develop ovulation, reproduction, production, hormones, menstruation
Year 6	<p>The wonder of God's love in creating new life</p> <ul style="list-style-type: none"> <li>To know that we are made to love and to be loved.</li> <li>To learn the proper ways in which we show our love for one another and for God.</li> <li>To grow further in their appreciation of their dignity and worth as children of God</li> </ul>	God, Christian, appropriate Dignity, fiancé, fiancée, fallopian, conceive, relationships, uterus, cervix, marriage